Hampshire County Council
Hampshire Outdoors

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https://www.hants.gov.uk/educationandlearning/participation-lifelong-learning

Bikeability training date:
25/11/26, 26/11/26 & 27/11/26
Please read the below and complete the consent form if you would like your child to participate

Dear Parent / Guardian,

Hampshire Outdoors would like to offer your child the opportunity to take part in Bikeability training. This is the national cycle training programme supported and funded by the Department for Transport. We provide a range of courses: Bikeability Balance, Learn to Ride, Bikeability Level 1, Level 2, and Level 3. The Learn to Ride module is for riders who are unable to ride a bicycle without support. Bikeability Level 1 is based on the playground and builds confidence in children who can already ride a bike, Level 2 teaches children to cycle on local roads and Level 3 uses more challenging roads.

We will be offering Learn to Ride sessions (teaching children who are currently unable to ride a bicycle without support how to ride on the playground) and the Level one and two combined Bikeability course with the children during their school day. The main aim of Level 2 is for the children to be able to make a short journey in a safer manner on the roads and be more aware of road safety issues.

Bikeability builds confidence with cycling and helps with independent thinking and decision making. All our Bikeability training is delivered by qualified, professional, DBS checked, National Standard Instructors.

It is important that children learn to ride of their own bike so that they gain confidence to ride outside of the sessions and use cycling as an active way to travel. Each child will need a fully operational bike with two working brakes and a cycle helmet. If they **do not have access** to a helmet or bike, please indicate this on the digital consent form and we will endeavour to make the necessary provisions. A thorough bike and helmet check takes place during the first session, where any

necessary adjustments are made to ensure that the equipment is suitable for the participants. Children are then encouraged to independently do these checks throughout the training, although this is over-seen by qualified instructors. Hi-Vis jackets will be provided to all children who participate in on-road training.

At the end of the training the children will be given a certificate and badge. After the course has been completed, you will be sent a unique URL to access your child's rider outcomes and instructor feedback, called the Bikeability Club.

If you would like your child to participate in the training, please scan the QR code, or click on the Link below to complete the consent form as soon as possible in order that we can ensure every child is provided for. If you are unable to complete the consent form online, please speak to your school who will be able to support you.

If you sign your child up for a Learn to Ride course, and they progress to show the criteria for Level 2, they may participate in this session on the roadside with other children. **If you do not wish for your child to participate in on the road training, please clearly state this on the consent form and notify your school.** Please note that session times and durations of courses may be different.

Further information for Level 2 and its criteria can be found here: Bikeability Level 2 - Start & stop, Passing vehicles & Understand the road

Should you have any questions please do not hesitate to contact us via your school.

QR code / Link: https://consent.bikeability.org.uk/shelf-sat-oral

St John's CoE Voluntary Aided Primary-Basingstoke

Yours sincerely,

The Bikeability Team, Hampshire Outdoors
Email: bikeability.enquiries@hants.gov.uk