

Year 1 cycle	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 1/2	<u>Respectful Relationships</u>	<u>Mental Health and Wellbeing</u>		<u>Caring Friendships</u>	<u>Healthy Eating Health and Prevention</u>	<u>Being Safe Medicines</u>
Year 3/4	<u>Mental Health and Wellbeing</u> <u>Bullying</u>		<u>Families and people who care for me</u>		<u>Healthy Eating Physical Health and Fitness</u>	<u>Being Safe</u>
Year 5/6	<u>Mental Health and Wellbeing:</u> <u>Bullying</u>		<u>Caring Friendships</u>	<u>Respectful Relationships</u>  <u>First Aid (Year 5)</u>	<u>Being Safe</u>	<u>Health and Prevention</u>  <u>Changing Adolescent Body</u>

Year 2 cycle	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 1/2	<p><b><u>First Aid</u></b> Emergency services phonecall</p> <p><b><u>Respectful Relationships</u></b></p>	<p><b><u>Online Relationships</u></b></p>	<p><b><u>Internet Safety and Harms</u></b></p>		<p><b><u>Health and Prevention: Sun Safety</u></b></p>	<p><b><u>Families and people who care for me</u></b></p>
Year 3/4		<p><b><u>Mental Health and Wellbeing</u></b> <b><u>Internet Safety and Harms</u></b></p>	<p><b><u>Caring Friendships</u></b></p>		<p><b><u>Respectful Relationships</u></b></p>	<p><b><u>Online Relationships</u></b></p>
Year 5/6	<p><b><u>Mental Health and Wellbeing: Bullying</u></b></p> <p><b><u>Online Relationships</u></b></p>	<p><b><u>Smoking</u></b></p>	<p><b><u>Physical Health and Fitness</u></b></p> <p><b><u>Healthy Eating</u></b></p> <p><b><u>Health and Prevention</u></b></p>	<p><b><u>Families and People who care for me</u></b></p> <p><b><u>First Aid (Year 5)</u></b></p>		<p><b><u>Health and Prevention</u></b></p> <p><b><u>Changing Adolescent Body</u></b></p>